

# Welcome

COVID-19 awareness and information

## Feeling any of these symptoms?



Fever



Cough



Shortness of breath



Headache



Sore throat



Runny nose



Please don't check in if you're sick



Call or email your site contact



Seek medical care early

## Protect yourself at this site



### Wash hands frequently

Wash your hands regularly with soap and water to kill viruses that may be on your hands.



### Use hand sanitiser

If your hands are not visibly dirty, frequently clean them by using alcohol based hand rub.



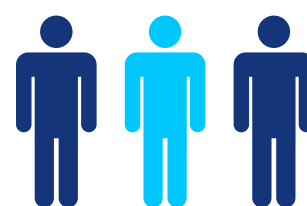
### Avoid touching eyes, nose, and mouth

Hands touch many surfaces and can pick up viruses. Avoid touching your eyes, nose, and mouth where possible.



### Respiratory hygiene

Cover your mouth and nose when you cough or sneeze. Dispose of the used tissue immediately.



### Maintain social distancing

Keep a 1.5 metre distance between yourself and anyone who is coughing or sneezing to keep yourself safe.

## Visitors, contractors and staff

Check in on arrival

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